



Join us on 22nd July 2017 at Wembley Stadium!
 Contact danceaid for updates or visit www.danceaid.org/survival10k

To reserve your place please return your completed form to: ***laura@danceaid.org***

PERSONAL DETAILS (PLEASE USE BLOCK CAPITALS)

FIRST NAME:

SURNAME:

DATE OF BIRTH: / / SEX: MALE: FEMALE:

Next of Kin:

Telephone Number:

OCCUPATION:

EMPLOYER:

ADDRESS:

POSTCODE: NATIONALITY:

TEL. HOME: MOBILE:

E-MAIL:

PLEASE ENTER A CODEWORD IF YOU WISH TO START TOGETHER WITH A FRIEND. **DANCEAID**

IF YOU ARE A MEMBER OF A GYM/HEALTH CLUB PLEASE STATE WHICH ONE _____

HOW DID YOU HEAR ABOUT THE SURVIVAL OF THE FITTEST 10K? _____

IS THIS YOUR FIRST 10K ASSAULT COURSE? YES NO

YOUR FAST-DRY TEAM VEST (Ladies sizes 8,10,12,14,16, Mens sizes S, M, L, XL, XXL)

Please post my team vest size to the above address / advise if an alternative address should be used below. Team vests will be sent out once your VMG online fundraising page has been activated and you have raised £50 for danceaid charitable projects. Please see www.danceaid.org/survival10k for instructions.

I declare that I accept the conditions of entry as stated by **(*danceaid*)**

Any athlete needing special requirements (relating to a disability or medical condition) must contact The Men's Health Survival of the Fittest London 10K pre race.

SIGNATURE: _____

DATE: / /